

## MONDAY

<b>Yolk &amp; Folk:</b> blueberry pancake served with a side of bacon or sausage	\$4.99
<b>Soup Bowl:</b> broccoli cheddar soup	\$3.49
<b>Main Dish:</b> baked mac and cheese with Caribbean jerk chicken or mixed root vegetables	\$7.99
<b>Char House:</b> veggie burger served with sweet potato fries (v)	\$6.99
<b>Heritage Deli:</b> roasted turkey wrap with lettuce, swiss cheese and cranberry sauce	\$5.49
<b>Salad Studio:</b> citrus salad with spring mix, oranges, tomatoes, red onion, lime and grilled chicken	\$7.99
<b>Panini:</b> roast beef, provolone with caramelized onions and horseradish aioli spread	\$7.99
roasted vegetable with hummus and sun-dried tomatoes panini (v)	

## TUESDAY

<b>Yolk &amp; Folk:</b> whipped ricotta toast with honey and pecans	\$4.99
<b>Soup Bowl:</b> tomato basil soup	\$3.49
<b>Chef Table:</b> burrito bowl with ground beef, pico de gallo, guacamole, sour cream, rice and beans	\$7.99
<b>Char House:</b> grilled bbq chicken sandwich served with French fries	\$6.99
<b>Heritage Deli:</b> roasted turkey wrap with lettuce, Swiss cheese and cranberry sauce	\$5.49
<b>Salad Studio:</b> citrus salad with spring mix, oranges, tomatoes, red onion, lime and grilled chicken	\$7.99
<b>Panini:</b> roast beef, provolone with caramelized onions and horseradish aioli spread	\$7.99
roasted vegetable with hummus and sun-dried tomatoes panini (v)	

## WEDNESDAY

the café is closed

## THURSDAY

the café is closed

## FRIDAY

the café is closed on Fridays

If you have a food allergy, questions, comments please notify us.

Contact us:

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(v) Vegetarian