

## MONDAY

<b>Yolk &amp; Folk:</b> blueberry pancake served with a side of bacon or sausage	<b>\$4.99</b>
<b>Soup Bowl:</b> broccoli cheddar soup	<b>\$3.49</b>
<b>Main Dish:</b> baked mac and cheese with Caribbean jerk chicken or mixed root vegetables	<b>\$7.99</b>
<b>Char House:</b> veggie burger served with sweet potato fries (v)	<b>\$6.99</b>
<b>Heritage Deli:</b> roasted turkey wrap with lettuce, swiss cheese and cranberry sauce	<b>\$5.49</b>
<b>Salad Studio:</b> citrus salad with spring mix, oranges, tomatoes, red onion, lime and grilled chicken	<b>\$7.99</b>
<b>Panini:</b> roast beef, provolone with caramelized onions and horseradish aioli spread	<b>\$7.99</b>
roasted vegetable with hummus and sun-dried tomatoes panini (v)	

## TUESDAY

<b>Yolk &amp; Folk:</b> whipped ricotta toast with honey and pecans	<b>\$4.99</b>
<b>Soup Bowl:</b> tomato basil soup	<b>\$3.49</b>
<b>Chef Table:</b> burrito bowl with ground beef, pico de gallo, guacamole, sour cream, rice and beans	<b>\$7.99</b>
<b>Char House:</b> grilled bbq chicken sandwich served with French fries	<b>\$6.99</b>
<b>Heritage Deli:</b> roasted turkey wrap with lettuce, Swiss cheese and cranberry sauce	<b>\$5.49</b>
<b>Salad Studio:</b> citrus salad with spring mix, oranges, tomatoes, red onion, lime and grilled chicken	<b>\$7.99</b>
<b>Panini:</b> roast beef, provolone with caramelized onions and horseradish aioli spread	<b>\$7.99</b>
roasted vegetable with hummus and sun-dried tomatoes panini (v)	

## WEDNESDAY

the café is closed

## THURSDAY

the café is closed

## FRIDAY

the café is closed on Fridays

If you have a food allergy, questions, comments please notify us.

Contact us:

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(v) Vegetarian