

# AFTER HOURS GUIDE



# INTRODUCTION

*In cases of emergency staff should contact campus police who work with first responders to ensure the safety of all parties in crisis*

This handbook is an effort to provide staff who encounter students after hours with the basic knowledge of a comprehensive range of support services and resources provided by Single Stop, which hopefully will assist you in addressing student needs thus improving their experience with the college as a whole as well as their success rate. These support services and resources address nonacademic wraparound services and financial support available, which are designed to improve the wellbeing of low-income students by connecting them to public benefits and other institutional and community resources to address the nonacademic barriers such as access to emergency services for housing, food, taxes, childcare, legal services and other essential needs.

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# CHILD CARE SERVICES

- UrbanSitter - Last-minute childcare  
<https://www.urbansitter.com/find-babysitters/ma/greater-boston-area>
- Nanny Poppinz – Emergency childcare service  
<https://nannypoppinsagency.com/> 617-697-0052
- Boston Moms Guide to Drop-in Childcare  
<https://boston.citymomsblog.com/motherhood/boston-moms-guide-drop-in-childcare/>
- Back-up Care Service/Bright Horizons  
<https://www.brighthorizons.com/family-solutions/back-up-care>
- Sitters without Borders  
<https://www.sitterswithoutborders.com/>



# DACA

- The Massachusetts Law Reform Institute, in collaboration with 10 other organizations, has prepared a packet of information to help immigrant families prepare for an emergency – for example, the detaining or deportation of a parent. The packet, called “Advice for Immigrant Families”, <https://www.masslegalhelp.org/immigration/planning-for-family-emergency-packet.pdf>, includes information on how to fill out a caregiver authorization affidavit pursuant to Mass General Laws, Chapter 201F, <https://malegislature.gov/Laws/GeneralLaws/PartII/TitleII/Chapter201F>. The form for the affidavit, which authorizes a designated caregiver to act relative to a minor’s education and health care, is included in the packet together with a sample completed form.
- Links to more information about immigrants’ rights, planning for a family emergency, DACA, healthcare, and education rights is available at <https://www.masslegalhelp.org/immigration/>.

## DACA Continued

- The office of the Attorney General of Massachusetts provides guidance on “Information for Health Care Providers regarding Immigration Enforcement”, “Rights and Obligations of Schools in Response to ICE Requests for Access or Information”, and “Equal Access to Public Education to All Students Regardless of Immigration Status”, <https://www.mass.gov/orgs/office-of-attorney-general-maura-healey>
- The Massachusetts Immigrant and Refugee Advocacy Coalition (MIRA) has a membership that includes community-based groups, social service organizations, ethnic associations, schools, refugee resettlement agencies, health centers, hospitals, religious institutions, unions and law firms. <https://www.miracoalition.org/>



# Domestic Violence

## Transitional Living Programs

Alternative House	Lowell	(978) 446-1248
Casa Myrna Vazquez	Boston	(800) 992-2600
Elizabeth Stone House	Boston	(617) 427-9801 x409
Second Step	Newton	(617) 965-3999
Turning Point	Amesbury	(978) 388-6600
The Women	Boston	(617) 536-5651
New Hope	S. Central MA	(508) 226-4588
YWCA of Lawrence	Lawrence	(978) 688-2645 (978) 686-8840 (TTY)
DOVE	Quincy	(617) 471-1234 (617) 770-4065
Transition House	Cambridge	(617) 491-6050



# Domestic Violence Continued

## Greater Boston Area:

Asian Task Force Against Domestic Violence	Boston	(617) 338-2355
<a href="#"><u>Casa Myrna Vazquez</u></a>	Boston	(617) 521-0100
<a href="#"><u>Elizabeth Stone House</u></a>	Jamaica Plain	(617) 522-3417
<a href="#"><u>FINEX House</u></a>	Jamaica Plain	(617) 288-1054
<a href="#"><u>HarborCov</u></a>	Chelsea	(617) 884-9909
<a href="#"><u>REACH</u></a>	Waltham	(800) 899-4000
Renewal House	Boston	(617) 566-6881
<a href="#"><u>RESPOND</u></a>	Somerville	(617) 623-5900
<a href="#"><u>Transition House</u></a>	Cambridge	(617) 661-7203
Dove	South Shore	(617) 471-1234 (617) 770-4065
Alternative House	Lowell	(888) 291-6228 (978) 454-1436



# Financial Assistance – Help Paying Bills

Clothes & back to school supplies (free)

- **ABCD**
  - 19 Corinth St, Roslindale, MA (617) 327-1152,
  - 22 Elm Hill Avenue, Boston (617) 442-5900,
  - 295 Centre St., Jamaica Plain, MA (617) 522-4830
- **Parker Hill/Fenway NSC**, 714 Parker Street, Boston, MA, (617) 445-6000
- **South End Neighborhood Action Program**, 554 Columbus Avenue, Boston, MA, (617) 267-7400
- **American Friend Service Committee, New England, AFSC Material Assistance Program**, 5 Longfellow Park, Cambridge, MA (617) 876-5312

# Financial Assistance – Help Paying Bills

Clothes & back to school supplies (free)

- **Baby Basics**, 47 Beaufort Avenue, Needham, MA, (617) 305-6899
- **Dress for Success**, 989 Commonwealth Avenue, Boston, MA, (617) 779-2177
- **Eliot Community Human Services, Inc.**, (617) 441-3831
- **Giving Diapers, Giving Hope**, 8 Beckford St., Gloucester, MA, 01930
- **Heading Home, Women's Drop-In Program**, Boston, Massachusetts, 02139, (617) 547-1885
- **Keeping Pace With Multiple Miracles**, 194 South Main Street, Suite 4, West Bridgewater, MA, (508) 559-0040
- **Pilgrim Trinitarian Congregational Church, Thrift Store**, 22 Beechwood St. Dorchester, MA (617) 282-0456

# Financial Assistance – Help Paying Bills

Clothes & back to school supplies (free)

- **Salvation Army of Massachusetts**, (413) 442-0624
- **Solutions at Work, Children's Clothing Exchange** 391 Evereteze Way, Cambridge, MA, (617) 576-0039
- **Solutions at Work – Solutions Wear of Boston** (617) 576-0039
- **United Homes Adult Services**, 540 Columbia Road, Boston, MA, (617) 265-4515
- **Women's Service Club of Boston, Inc.**, 554 Massachusetts Avenue, Boston, MA, 02118, (617) 262-3935

# Financial Assistance – Help Paying Bills

## Household Items

- **Boston Free Stuff** – Craigslist
- **Free furniture banks** 781-595-7570 or 781-944-9797 for an appointment.
- **Habitat for Humanity** (617) 423-2223
- **Household Goods** 30 Main Street, Acton, MA 978-635-1710  
<https://householdgoods.org/>



# Financial Assistance

## Utilities

- Electricity\*
  - 1-877-886-5066
- Heat\*
  - Massachusetts Heat Line at 1-800-632-8175
  - LIHEAP 1-866-674-6327
- Internet
  - Comcast <https://internetessentials.com/>
- Telephone
  - **Lifeline**\* to qualifying applicants provide proof of income (one phone per home) and is about \$10 to \$20 a month. <https://www.lifelinesupport.org/ls/>
  - **TracFone** from Safelink Wireless (free)  
<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/zipcode>
  - **Virgin Mobile** from Assurance Wireless (free)  
<https://www.assurancewireless.com/>

*\*applications for assistance are obtained by the existing service providers*



# Food Resources

- Massachusetts Emergency Food Assistance Program (MEFAP)
  - The Greater Boston Food Bank <https://www.gbfb.org/> (617) 427-5200
  - The Merrimack Valley Food Bank <https://mvfb.org/> (978) 454-7272
  - The Food Bank of Western Massachusetts <https://www.foodbankwma.org/> (413) 247-9738
  - The Worcester County Food Bank <https://foodbank.org/> (508) 842-3663
- Department of Transitional Assistance
  - Supplemental Nutrition Assistance Program (SNAP)  
<https://www.mass.gov/snap-benefits-formerly-food-stamps> (877) 382-2363  
Line is open from 8:15 A.M. to 4:45 P.M.

# Food Resources

## Pantries

- The Harvest on Vine Charlestown (617) 990-7314
- East-End House 105 Spring St., Cambridge, (617) 876-4444
- Brookline (617)800-5339
- Newton (617) 796-1233
- Watertown (617) 972-6490
- St. Benedict's Church East Somerville (617) 776-7687
- ABCD N. End/W. End (617) 523-8125
- Food 4 All-Sha4cd Somerville (617) 776-7515
- International Ministry Somerville (617)-1692
- Project Bread Boston (617) 723-5000
- Crossroads East Boston (617) 567-5926
- Holy Redeemer Church/Our Daily Bread East Boston (617) 567-5926
- Elizabeth Peabody House Somerville (617) 623-5510

# Free Meals



## Faith United Church

Lunch from 12:00-1:00 pm on the last Sat. of every month. Everyone is invited. You can also select from new and gently used clothes for free. Served at 52 Sumner Ave. Springfield.



## Friends of the Homeless

Three community meals every day, 365 days a year, to anyone needing food. Served at 755 Worthington St. Springfield.

Breakfast: 8:00-9:00 am

Lunch 12:00-1:00 pm

Dinner 4:30-5:30 pm



## Loaves and Fishes

Serves lunch and dinner 7 days a week to anyone in need of a meal. Meals served at the following locations and times:

\* South Congregational Church, 45 Maple St. Springfield, MA, M,T,Th,F,Sat. @ 12 pm & 5 pm

\* Christ Church Cathedral, 35 Chestnut St. Springfield, Wed @ 12 pm & 5 pm

\* Shiloh Seventh Day Adventist Church, 797 State St. Springfield, MA, Sun. @ 5 pm

Contact: Darleen St. Jacques, Program Director Email: [Darleen@openpantry.org](mailto:Darleen@openpantry.org), (413) 731-5668



**Lorraine's**  
SOUP KITCHEN & PANTRY

## Lorraine's Soup Kitchen and Pantry

1. Hot Meal Service: Doors open M-F at 4:00 p.m., Dinner served from 4:30-6:00 p.m. (3:30-5:30 p.m. on 2nd & 4th Tues. of the month). All are welcome! 170 Pendexter Avenue, Chicopee, MA 01013, (413) 592-9528

2. Pantry Service: Open M-F 10:00 a.m. to 2:00 p.m. and 6:00 to 8:00 p.m. on the 2nd and 4th Tuesday of the month. Provides emergency take-home food supplies to qualified Chicopee residents.



## Springfield Rescue Mission

Meals available to anyone in need - men, women and children - FREE OF CHARGE.

1. Public Breakfast: Monday - Saturday, 7AM-7:45AM, 10 Mill Street, Springfield. No prerequisites required.

2. Operation SONshine: A mobile food service bringing lunches to the homeless and poverty stricken in Springfield Communities.

3. Holiday Meals: Special meals for Easter, Thanksgiving and Christmas. Please call for dates and times 413-732-0808.





# GLBTQ

## Youth-specific organization in Massachusetts

ORGANIZATIONS ENSURING A COMPREHENSIVE SYSTEM OF SERVICES, SUPPORT AND OPPORTUNITIES ARE AVAILABLE TO AND ACCESSED BY THE YOUTH WHO NEED THEM

- [The GLBT Youth Group Network of Massachusetts](#)
- [MTPC The Massachusetts Transgender Political Coalition](#)
- [True Colors Out Youth Theater Troupe](#)
- [The Sidney Borum Jr. Community Health Center, a program of Fenway Health](#)
- [Boston GLASS \(Gay & Lesbian Adolescent Social Services\), a program of JRI Health](#)
- [The Gay, Lesbian, Bisexual and Transgender Youth Support Project](#)
- [The Network/La Red](#)
- [ZUMIX](#)
- [Boston Youth Organizing Project](#)
- [AIDS Action Committee / TRANScend Program](#)
- [Massachusetts Commission on GLBT Youth](#)
- [CenterLink](#)
- [The National LGBT Health Coalition](#)
- [The National Gay and Lesbian Task Force](#)
- [Campus Pride](#)



# Homelessness

## Youth Programs\*

- **Bridge Over Troubled Waters** [www.bridgeotw.org](http://www.bridgeotw.org) Main 617-423-9575 | TTY 617-423-9575, ext. 355 | 47 West Street | Boston, MA 02111
- **Wayside**, <https://www.waysideyouth.org/#/>, 1 Frederick Abbott Way, Framingham, MA 01701, 508-879-9800
- **Short Stop**, <https://www.waysideyouth.org/ourservicesoverview/waysideyoungadultservices/shortstoptransitionalhousing/>, 617-776-6377
- **Massachusetts Housing & Shelter Alliance**, <https://www.mhsa.net/about-us/young-adults>, 7 Bulfinch Place, Suite 201, Boston, MA 02114, 617-367-6447
- **Y2Y Harvard Square**, <https://www.y2ynetwork.org/about-y2y-harvard-square/>, 1 Church Street Cambridge, MA (617) 864-0795, Opens 7PM
- **BAGLY, Inc**, <https://www.bagly.org/experience>, Boston, MA (617) 227-4313, Closes 9PM
- **Youth On Fire**, <https://www.harvardsquare.com/youth-fire>, Youth organization, Cambridge, MA, (617) 661-2508, Opens 11AM
- **Crossroads Family Shelter**, <http://ebcrossroads.org/>, East Boston, MA, (617) 567-5926
- **Friends of Boston's Homeless**, <https://www.fobh.org/>, Boston, MA, (617) 942-8671, Closes 5PM
- **St. Francis House**, <https://stfrancishouse.org/>, Boston, MA, (617) 542-4211, Closes 2PM
- **Heading Home**, <http://www.headinghomeinc.org/>, Boston, MA, (617) 864-8140

*\*Must be referred by Program Agency*



# Homelessness

## Shelters\*

- **Bridge House** 24 Baker Street, Lynn, MA 01902, 781-593-3898, capacity: 11 families.  
Services: Advocacy; counseling by referral; medical care; day programs; transportation.  
Restrictions: Participation in chores is required. Curfew: Weekdays: 10pm; Weekend: 12 am.  
Admissions Process: Must have a referral from the Department of Housing and Community Development and be eligible for an Emergency Assistance bed.
- **Cambridge YWCA**, 7 Temple, Cambridge, MA 02139, 617-491-6050, Capacity: 103 single rooms for transitional housing program; 10 families of women and children for family shelter program. Languages: Spanish; Haitian; Bengali.  
Services: Advocacy; referral; some clothing; counseling.  
Restrictions: Women only, boys up to the age of 12 allowed.  
Admissions Process: Must be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **Casa Nueva Vida**, 53 Glen Road, PO Box 2115, Jamaica Plain, MA 02130, 617-524-6332, Capacity: 17 families.  
Services: Advocacy; counseling; some clothing; education & English classes. Language: Spanish  
Restrictions: Curfew: Sun- Thurs. 9pm; Fri-Sat 10pm.  
Referral: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.
- **Centerboard**, 16 City Hall Square, Lynn, MA 01905, 781-598-9417, Capacity: 77 beds for families among the scattered services.  
Services: Advocacy; counseling by referral; food by referral; clothing if available; not handicapped accessible but will be soon; transportation for housing appointments and emergencies only.  
Language: Spanish.  
Restrictions: Sobriety; financial stability.  
Admissions Process: Must be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **Children's Services of Roxbury**, 504 Dudley St, Roxbury, MA 02119, 617-989-1093, Capacity: 105 beds (among families) in the Scattered Sites and 21 beds (among families) in the congregate location. Languages: Spanish; Haitian Creole. Services: Advocacy; case management; housing search; education programs. Restrictions: No history of violent behavior; no head of household over the age of 21. Admissions process: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.
- **Crittenton Women's Union**, 10 Perthshire Road, Brighton, MA 02135, 617-782-7600 Total Capacity: 58 beds (among families) in the congregate shelter; 59 beds (among families) in the community based shelter. Languages: Spanish; Haitian Creole. Services: Advocacy; counseling; 3 meals/day; clothing if available; handicap accessibility; van transportation (to jobs). Restrictions: Curfews vary depending on location. Admissions Process: Must have a referral from the Department of Housing and Community Development or the Department of Transitional Assistance and be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **Crossroads Family Shelter**, 56 Havre Street, East Boston, MA 02128, 617-567-5926, Capacity: 15 beds for families.  
Services: Case management; housing search; meals; clothing; weekly visiting nurse; play space; workshops. Languages: Spanish.  
Restrictions: No drug or alcoholic use.  
Curfew: Sun-Thurs 9 pm; Fri-Sat 11:30 pm.  
Admissions Process: Must have a referral from the Department of Housing and Community Development.
- **Cross Street Family Shelter**, 59 Cross Street, P.O. Box 440436, Somerville, MA 02144, 617-776-6661, Capacity: 5 families.  
Services: Advocacy; 3 communal meals (families cook their own meals); clothing if available; access to medical care at a nearby clinic. Languages: Spanish; Creole.  
Curfew: Sun- Thurs 9 pm; Fri-Sat 10 pm.  
Admissions Process:: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.
- **Families in Transition**, 316 Huntington Ave., Boston, MA 02115, 617-927-8290, Capacity: 22 beds among families.  
Services: Advocacy; handicap accessibility; medical care through Health Care for the Homeless; public transportation.  
Curfew: Sun-Thurs 9 pm; Fri-Sat 11 pm.  
Admissions Process: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **Hildebrand Family Self-Help Center, Inc.**, 614 Massachusetts Avenue, 3<sup>rd</sup> Floor, Cambridge, MA 02139, 617-491-5752 Languages: Spanish; French; Haitian Creole; Cape Verdean Creole.  
Total capacity: 113 families in Congregate and Scattered Sites shelter units in Boston and Cambridge  
Services: Information and Referral, Case Management, Housing Search and Stabilization; Life Skills workshops and Children's Programs depending on availability of resources.  
Restrictions: Families with children only.  
Admission: Must be eligible for Emergency Assistance and must be referred by the Department of Housing and Community Development.
- **Housing Families**, 254 Broadway, Malden, MA 02148, 781-324-1303 (site), 350 Cross St., Malden, MA 02148, 781 322-9119 (main), Capacity: 54 beds among families.  
Services: Advocacy; referral for counseling; cook own food; clothing; access to medical care; workshops & support groups; transportation to housing appointments only.  
Languages: Spanish; Creole; Portuguese.  
Restrictions: Sobriety; no active substance abuse.  
Admissions Process: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **Margaret's House**, 90 Cushing Ave., Dorchester, MA 02125, 617-436-3944 (hotline), 617-436-8600 (intake center), Capacity: 32 beds among women and children.  
Services: Advocacy; counseling; referral; clothing; prenatal care; onsite nurse.  
Restrictions: Women & children only; must be pregnant or parenting; boys up to the age of 12.  
Admissions Process: Must be eligible for Emergency Assistance.
- **Mary's House / Bristol Lodge Family Shelter**, 62 Church Street, Waltham, MA 02154, 781-647-9957, Capacity: 8 families. Languages: French.  
Services: Advocacy; referral; food; clothing; handicap accessibility; medical care by referral; day program; open 24 hours; transportation access; cook own meals.  
Restrictions: Sobriety.  
Curfew: Sun-Thurs. 9pm; Fri-Sat 11pm.  
Admissions Process: Must have a referral from the Department of Transitional Assistance and be eligible for Emergency Assistance.
- **Nazareth House**, 91 Regent Street, Roxbury, MA 02119, 617-541-0100, Community Rooms: 3, Capacity: 7 DTA families (10 total including community rooms).  
Services: Advocacy; counseling; transportation.  
Restrictions: At least one family member must be HIV positive; 2-year limit.  
Admissions Process: There is a waiting list specific to the community room. Must have a referral from the Department of Transitional Assistance and be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*



# Homelessness

## Shelters Continued\*

- **Project Hope**, 550 Dudley Street, Roxbury, MA 02119, 617-442-1880, Total Capacity: 8 families; generally only accept women and children.  
Services: Counseling; cook own meals; referrals; clothing if available; Spanish; handicap accessible; visiting nurse; day program, job training, social supports, and workshops.  
Restrictions: Sobriety; no history of drug addiction or domestic violence; generally no males over 14 years old, but male children decided on case by case basis.  
Admissions Process: Must have a referral from the Department of Housing and Community Development for Emergency Assistance beds.  
Website: <http://www.prohope.org/>
- **Queen of Peace**, 401 Quincy Street, Boston, MA 02125, 617-288-4182, Community Rooms: 11, Capacity: 11 beds among families of women and children.  
Services: Dinner & breakfast; clothing if available.  
Restrictions: Only women and children, no males over the age of 3; must not be heavily reliant on medications, drugs, or alcohol; must be in at 4 pm & out by 9 am.  
Admissions Process: Must have a referral from a social service agency.  
Website: <http://health-centers.findthebest.com/I/8343/Queen-of-Peace-Shelter>

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **Re-Vision House**, 38 Fabyan Street, Dorchester, MA 02124, 617-825-8642, Capacity: 22 beds among women and children. Languages: French Creole.  
Services: Advocacy; counseling; community kitchen & pantry; medical care through Health Care for Homeless; transportation; storage facilities, stabilization services, day care.  
Restrictions: Sobriety (random drug testing); women & children only.  
Admissions Process: Must have a referral from the Department of Transitional Assistance or the Department of Housing and Community Development and be eligible for Emergency Assistance. Client-based referral for those are between the ages of 18-21. Pregnant women above this age are also eligible.  
Website: <http://health-centers.findthebest.com/l/4210/Revision-House>
- **Sojourner House**, 85 Rockland Street, Roxbury, MA 02119, 617-442-0590, Capacity: 9 families.  
Services: Advocacy; counseling; food pantry; clothing; handicap accessibility; medical care through Health Care for the Homeless; day program; transportation for housing appointments only. Languages: Spanish; Haitian Creole.  
Restrictions: Sobriety.  
Referral: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.

*\*Must be referred by Program Agency*

# Homelessness

## Shelters Continued\*

- **St. Ambrose Family Inn**, 25 Leonard Street, Dorchester, MA 02122, 617-288-7675, Capacity: 19 families. Language: Spanish; Haitian/Creole.  
Services: Advocacy; counseling by referral; food provided; clothing if available; access to medical care; after school program for children; transportation for housing only.  
Admissions Process: Must have a referral from the Department of Housing and Community Development and be eligible for Emergency Assistance.
- **Temporary Home for Women and Children**, 41 New Chardon Street, Boston, MA 02114, 617-720-3611, Capacity: 15 families.  
Services: Advocacy, counseling; 3 meals/day; limited Spanish; handicap accessible; medical care day program; transportation; clothing if available.  
Restrictions: Non-EA eligible; women & children only; no drugs or alcohol; income restriction.  
Admissions Process: Referral needed from Department of Children & Family.

*\*Must be referred by Program Agency*



# Housing

*Boston Community College Single Stop does not endorse these housing options. The information provided is for general information purposes. Students are responsible for their own contractual arrangements for housing. BHCC Single Stop is neither a party to nor a beneficiary of any contracts.*

- **Metro Housing Boston**

- Matthew J. Gibson, Case Management Specialist, 617-425-6773 | Fax 617-532-7663 | Relay 800-439-0183, 1411 Tremont Street, Boston, MA 02120-3401

- **Boston Hostels – Hostels.com** (\$49.99 a night to \$74.99 depending on room/availability)

- Hi Boston, 19 Stuart Street, Boston (5 minute walk to public transportation and Boston Commons)
- Backpackers Hostel & Pub, 13 School Street, Everett (4 subway stops from Haymarket)
- Boston Homestel, 36 Mosely Street, Boston (Near Red line)

- **YMCA & YWCA**

- Huntington House, Boston, HallKeen Management: 617-927-8226
- YMCA of Greater Boston, 316 Huntington Avenue, Boston, (617) 536-7800
- Youth Hostels
  - Hosteling International-Boston, 12 Hemenway Street, Boston, (617) 536-9455
  - Irish Embassy International Youth Hostel, 232 Friend Street, Boston, (617) 973-4841
- Cambridge YMCA, 820 Massachusetts Avenue, Cambridge, (617) 661-9622, (medium-term stays, men only)
- Boston YWCA, Berkeley Residence, 40 Berkeley Street, (617) 375-2524,  
[www.ywcaboston.org/mwitham@ywcaboston.org](http://www.ywcaboston.org/mwitham@ywcaboston.org), (short- to long-term stays for women and short-term stays only for men)

*\*Must be referred by Program Agency*



# Housing Continued

- **Caritas Communities\***
  - Central House, 820 Massachusetts Ave, Central Square, Cambridge, MA 02139, Phone: (617) 876-4626
- **THE SALVATION ARMY OF CAMBRIDGE\***
  - <https://massachusetts.salvationarmy.org/ma/cambridge>, 7 Bulfinch Place, Suite 201, Boston, MA, 617-547-3400
- **Rooms to Rent:**
  - Boston.craigslist.org
  - Zumper.com
  - Kangaroom.com
  - Indianroommates.sulekha.com
  - Roomiapp.com
  - Roomies.com
  - Roomgo.net
- **Metropolitan Boston Housing Partnership**
  - 617) 425-6700 or [ResourceLine@mbhp.org](mailto:ResourceLine@mbhp.org), 125 Lincoln Street, 5th floor, Boston, MA 02111

*\*Must be referred by Program Agency*



# Legal Assistance

- Cambridge and Somerville Legal Services 60 Gore St. #203 Cambridge (617) 603-2700 **Closes at 5:00 p.m.**
- Dial-A-Lawyer: Free Legal Advice by Phone (617)338-0610 or (877) 686-0711 – on the **1<sup>st</sup> Wednesday of the month between 5:30 and 7:30 p.m.**  
<https://www.massbar.org/public/dial-a-lawyer>
- Finding Legal Help Toll-free: (866) MASS-LRS ((866) 627-7577)  
<https://www.mass.gov/service-details/finding-legal-help>
- Greater Boston Legal Services, 197 Friend St, Boston (617) 371-1234 **Closes at 5:00 p.m.**, <https://www.gbbs.org/>
- Legal Aid <https://www.masslegalhelp.org/about/legal-aid>
- Massachusetts Legal Assistance Corporation, 18 Tremont St. #1010 (617) 367-8544 **Closes at 7:00 pm** <https://mlac.org/>
- Project Citizenship, 4 S Market St. Building, 3<sup>rd</sup> Floor Boston, (617) 694-5949 **Closes at 5:00 p.m.**, <https://projectcitizenship.org/>

# Mental Health

85 East Newton Street Boston Main (617) 626-9252, TTY (617) 626-9267,  
Child/Adolescent TTY (617) 626-9252



# DMH - Emergency Team

- Boston Emergency Services Team, (800) 981-4357 Open **24 hours**
- Massachusetts General Hospital Psychiatry, Boston, MA (617) 724-5600 **Closes 5:30PM**
- North Suffolk Mental Health Association (**multiple locations**) 14 Porter Street, East Boston, MA (617) 569-3189; 301 Broadway Chelsea, MA 02150, 617-889-4860 (voice) <http://northsuffolk.org/about-us/facts-about-north-suffolk-mental-health-association/>
- CHA Cambridge Hospital, 1493 Cambridge Street, Cambridge, (617) 665-1000 open **24 hours**
- Mass General Hospital: Schizophrenia Program, 25 Staniford Street, Boston, MA 02114 (617) 912-7800, <https://www.massgeneral.org/schizophrenia/appointments/>
- Comprehensive Emergency Services, at *Lemuel Shattuck Hospital*, 170 Morton St. Jamaica Plain, MA, (617) 884-4357 or (617) 522-8110 open **24 hours**
- Erich Lindemann Mental Health, 25 Staniford St, Boston, MA 02114, (617) 626-8500 <https://www.bhchp.org/about-us>
- Therapy with Masha, Inc.- Masha Sorkin, LICSW 1180 Beacon St Suite 7D, Brookline, MA 02446, (617) 895-7846 **Closes 11PM**



## Multiple Locations

### Specialized Child and Family Services

- [illegible]

# PUBLIC ASSISTANCE



Image by Adrian Mangel © The Balance 2019

# Public Assistance

*These **three** benefits are offered and managed by the Department of Transitional Assistance (DTA) . Not all benefits have applications available on line. There are 22 DTA locations throughout the state. If applying in person processing is available Mon-Fri 8:15 a.m. -4:45 p.m. For questions call (877) 382-2363.*

## 1. Temporary assistance for those in need (otherwise known as TANF)

<https://www.mass.gov/economic-assistance-cash-benefits>

### – Cash benefits program

- Transitional Aid to Families with Dependent Children (TAFDC)

<https://www.mass.gov/service-details/check-tafdc-eligibility-and-how-to-apply>

- for families with children under 18, including teen parents. If you're pregnant, you can apply for TAFDC for yourself if your child is due in less than 4 months.

- Emergency Aid to the Elderly, Disabled and Children (EAEDC)

<https://www.mass.gov/service-details/check-eaedc-eligibility-and-how-to-apply>

- State Supplement Program (SSP)

- must first apply for Social Security Income benefits to be eligible for the SSP Cash benefit

## 2. Medicaid/Masshealth

<https://www.mass.gov/topics/masshealth>

- Government run health program based on income not age or disability
- Applications available on line
- Call the service center at (800) 841-2900 **24 hours a day** to use the self-service option
- To apply in person, you can go to any one of the five enrollment centers, which are open Monday through Friday from 8:45 a.m.–5 p.m.

## 3. Supplemental nutrition assistance programs (SNAP)

<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

- Applications available on line
- DTA Assistance Line [\(877\) 382-2363](tel:8773822363) available from 8:15 A.M. to 4:45 P.M.

# Public Assistance continued

## 4. Earned income tax credit (EITC)

- You must have earned income to qualify for the credit (amount of tax credit depends on # of qualifying children), but you can't have too much income. Earned income means wages and earnings from employment and net profits from self-employment.
- Free Tax Prep in MA – Volunteer Income Tax Assistance (VITA)  
<https://www.masscap.org/freetaxprep/>

## 5. Supplemental security income (SSI)

- pays benefits to disabled adults and children who have limited income and resources.
- You can apply on line; you can also schedule an appointment with a local Social Security office to file an application. Call **1-800-772-1213** (TTY **1-800-325-0778**) from 7 a.m. to 7 p.m., Monday through Friday

## 6. Housing assistance

<https://www.mass.gov/guides/a-guide-to-obtaining-housing-assistance>

- State Aided Public Housing
- Rental Assistance
- Homelessness Prevention Resources
- Housing Resources for Victims of Domestic Violence
- Homeownership Opportunities



# Refugees & Immigrants

## Boston & Statewide

- [Catholic Charities of Boston](#): Low cost legal consultation and representation on a variety of immigrant and refugee issues- including assistance to detainees. Languages: Arabic, Armenian, Cantonese Chinese, English, Haitian Creole, Russian, Spanish, Vietnamese- access to commercial interpretation for other languages. Appointment required. **Phone: (617) 464-8100**
- **Cape Cod**, [Community Action Committee of Cape & Islands' Immigration Resource Center](#): Provide free accredited immigration services, citizenship courses, assistance and representation. **Phone: (508) 771-1727, ext. 140**
- [Community Legal Services and Counseling Center](#): Free immigration legal services across Massachusetts, including services for representation. Specific legal issues: asylum, victims of domestic violence (VAWA), victims of crime (U-Visas), victims of trafficking (T-Visas), juveniles. In-house languages: English, French, Spanish. Can partner externally for other languages, including Portuguese. **Phone: (617) 661-1010**
- [East Boston Ecumenical Community Council](#): Low cost (\$20) legal immigration assistance. Clients must make an appointment M-F from 9-5. Accept clients from anywhere in Massachusetts. Languages: English, Spanish. **Phone: (617) 567-2750**

# Refugees & Immigrants continued

- [Greater Boston Legal Services, Immigration Unit](#): Free legal representation in Immigration Court, at the Board of Immigration Appeals, and in Federal Appeals Court. Priority: unaccompanied minors, victims of domestic violence, people seeking permanent refugee and safe haven status. Languages English, Haitian Creole, Portuguese, Spanish- access to commercial interpretation for other languages. **(617) 371-1234 CALL BEFORE 1PM.**
- [Harvard University Law School, Immigration and Refugee Clinic](#): Free legal representation by Harvard Law students in Immigration Court, at the Board of Immigration Appeals, and in Federal Appeals Court. Languages: Chinese, English, Farsi, French, Spanish. **Phone: (617) 384-8165**
- [Health Law Advocates](#) : Intake through Andrew P. Cohen, Staff Attorney, [acohen@hla-inc.org](mailto:acohen@hla-inc.org)  
**(888) 211-6168**
- [Irish International Immigrant Center](#): The IIC's Immigration Legal Services offer comprehensive, professional, and confidential services for non-citizens, regardless of their legal status or ability to pay. Services are available in English, Spanish, French, and Haitian Creole. Provide free legal clinics throughout the community several times each month.
- **Lowell, Lawrence, Haverhill, Lynn, [Northeast Legal Aid](#)**: Provide legal services at 3 locations – Lowell, Lawrence and Lynn. **(978) 458-1465**

# Refugees & Immigrants continued

- [MIRA Coalition](#): The Massachusetts Immigrant and Refugee Advocacy Coalition (MIRA) is the largest organization in New England promoting the rights and integration of immigrants and refugees. Referral help is provided in English, Spanish and Portuguese. **(617) 350-5480**
- [Political Asylum/Immigration Representation \(PAIR\) Project](#): Free legal representation for asylum seekers and detained immigrants/refugees in Immigration Court, at the Board of Immigration Appeals, and in Federal Appeals Court. Houses of Correction served: Bristol County, Plymouth County, Suffolk County. Languages: English, French, Hindi, Punjabi, Spanish- access to commercial interpretation for other languages. **(617) 742-9296**
- [Suffolk Law School- Immigration Law Clinic](#): Free legal representation, primarily for detained immigrants, refugees in Immigration Court, at the Board of Immigration Appeals, and in Federal Appeals Court. Languages: English, Spanish- access to commercial interpretation for other languages. Phone: (617) 573-8100.
- [Victim Rights Center](#): Free legal representation in Immigration Court for survivors of rape or sexual assault. Languages: English, Spanish- access to commercial interpretation for other languages. **(617) 399-6720 ext. 19**



# Transportation

- MBTA
  - The Ride <https://mbta.com/accessibility/the-ride> 617-337-2727 (voice, relay), 1000 Massachusetts Avenue, 2nd Floor, Boston, MA 02118, available 5 AM to 1 AM
  - Youth Pass <https://www.mbta.com/fares/reduced/youth-pass>
  - On Demand Paratransit Pilots\*
    - [Uber](#),
    - [Lyft](#),
    - [Curb Mobility](#) (taxi)

\*RIDE customers can book subsidized rides instantly, right from their smartphones.

- RideMatch <https://massridematch.org/>
- MassRIDES 1-888-4commute
- MassOptions (for seniors and people with disabilities) 1-844-422-6277